



WOMEN'S  
DERMATOLOGIC  
SOCIETY

PLAY  
SAFE  
IN THE  
SUN

A Community Outreach  
Service supported by



LA ROCHE-POSAY  
LABORATOIRE DERMATOLOGIQUE

SOS  
SAVE OUR SKIN

TAKE ACTION NOW @ SOSsaveourskin.com

## Check out your Sun Safety Knowledge!

*Circle True or False. Correct answers are shown at bottom of page*

1. True/False: It's cloudy outside, so I don't need to wear sunscreen.
2. True/False: I should put on sunscreen again after I've played in the water.
3. True/False: I should wear a hat on a sunny day to protect my skin.
4. True/False: Sun safety is important for the whole family.
5. True/False: If it's a cool day, the sun's rays won't be harmful.
6. True/False: I never sunburn, so I don't have to wear sunscreen.
7. True/False: I only need to put on sunscreen once a day.
8. True/False: A tan is healthy!
9. True/False: My white cotton t-shirt is adequate protection over my bathing suit while swimming.
10. True/False: I do not need to wear sunblock while driving nor while sitting by a window.

*Correct answers: 1: False 2: True 3: True 4: True 5: False 6: False 7: False 8: False 9: False 10: False*

**[www.playsafeinthesun.org](http://www.playsafeinthesun.org)**